

Nina Price

Midlife Success Speaker

Too many midlife women are tired, stressed and struggling. Living a life they never expected... alone, with downsized quality of life, and with financial uncertainty. They feel as though they are losing their identities, losing their looks, or losing their minds. Most of all, they want to have the energy and wellbeing to enjoy and make the most of midlife.

In fact, midlife can be the most magnetic time in a woman's life.



Books and products:



Rev Up Your Revenue
(ebook and live/online class)



5 Strategies for Staying
Employed in Today's
Economy (book)



I Just Need A Good Night's
Sleep: 5 Strategies for Better
Sleep at Midlife (ebook)

Most Requested Presentations

The Talk About Midlife:

5 Strategies for Making the Most of this Misunderstood Time of Life

Even though many parents of young teenagers sit them down and have "the talk" about what to expect during adolescence. Most midlife men and women tell me that no one prepared them for the unexpected experiences of midlife. From body changes to relationship changes to layoffs and long-term unemployment, you'll get sage advice about what to expect, how to navigate and make the most of midlife.

Midlife Alchemy: Time to Turn Your Big Idea into Reality

Most of us have at least one "big idea" that we've always wanted to pursue, but for some reason we haven't even taken the first step. What would it take to turn your big idea into reality? Time? A dedicated work space? A magic wand? As a success coach, Nina Price helps her clients to see their big ideas with a sharper focus and then bring them to life. She'll share five essential strategies for realizing your big ideas.

"I Just Need A Good Night's Sleep!" 5 Strategies for Better Sleep

Some people collapse into bed but can't fall asleep, while others wake up in the middle of the night and stare at the ceiling until dawn. Still others sleep all night but wake up the next day feeling like they didn't get any rest at all. We all deserve a good night's sleep, and you'll learn how to put yourself back in charge of the quality and quantity of your sleep, without pharmaceuticals.

21st Century Success Strategies: How to Stay Relevant and Competitive... Even After 50

Many midlife men and women have found themselves in unexpected situations since the start of the 21st century. Layoffs, long-term unemployment and financial uncertainty have all taken their toll on their careers and livelihoods. Nina will share 5 strategies to help you stay relevant and competitive in today's rapidly changing business world.

Nina Price can help you:

- **Have more energy and better health**
- **Turn your big idea into reality**
- **Stay relevant and competitive**

Since she was a child, Nina has loved being on stage. She is happiest connecting with people through speaking.

As an MBA from a top 10 business school, she brought her speaking know how to countless training events which had tremendous bottom line impact in the corporate world in Silicon Valley. She continues to teach business and marketing to graduate students at Five Branches University.

As a radio DJ on KFJC 89.7 FM for 20-years she introduced her audience to interesting music, fiction and people from all over the world.

Comfortable as an interviewer or being interviewed, Nina tells stories from her years as a corporate executive in the Silicon Valley, as a single/married parent of adult daughters, as the grandmother of teenage granddaughters, as a business coach and as a board certified practitioner of Acupuncture and Traditional Chinese Medicine.

“Put Nina Price in front of a crowd and watch the room come alive”

V.M. Cisco Systems

“Nina has that rare blend of expertise and vulnerability that creates connection and motivates her audience to action.”

J.K. speaking coach

“Nina Price walks her talk. She has reinvented herself in midlife: her body, her career, and her life. If anyone knows how to help you succeed in midlife, it’s Nina.”

M.S. client



Nina has spoken to groups at local corporations, professional organizations and meetup groups. She has also been interviewed on radio stations all over North America.

Corporations:

Cisco
Yahoo!

Professional Organizations:

C-Six
Women in Consulting
eWomenNetwork
GraceWorks San Francisco
Silicon Valley Women
San Francisco Professional Career Network

Radio Host:

KFJC Radio 89.7 FM (terrestrial) Dancin' in the Fast Lane host for 20 years

Blogtalk Radio (internet) Push the Reset Button! Host for 5 years

Webmaster Radio.FM – CEO Coach: guest host and commentator for the “Keeping It Real” segments for 3 years

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